

Ridge Gourd

A HIGH yielding ridge gourd (*Luffa acutangula*) variety, with medium-sized fruits, has been developed by the scientists at the department of Olericulture, College of Horticulture of the Kerala Agricultural University (KAU) at Vellanikkara.

Developed through single plant selection from local collections from Cherthala, the new variety is ideally suited for growing in the warm humid tropics of Kerala, especially Thrissur, Palakkad and Ernakulam districts.

Make Some Indian Recipes with Ridge Gourd Seeds

I use to make bottle gourd with chana dal.. This time I replaced bottle gourd with ridge gourd and it came out very tasty side dish :).

Ingredients: Sufficient For Two People

350 gm Ridge Gourd cut into small pieces
1 Cup chana dal
4-5 Red dry chillies
1 Medium sized onion finely chopped
1 Tsp ginger-garlic paste
1 Tsp Cumin seeds
1/2 Red chili powder
1/2 coriander powder
1/2 Turmeric powder
1/8 Tsp garam masala powder
2 Tblsp green coriander leave finely chopped
A pinch of asafoetida
Salt as per taste
Oil for frying



Method :

1. Heat Oil in a pan, add mustard seeds, after it splutters, add chana dal and urad dal.
2. Once they are done, add green chillies, curry leaves, asafoetida and ridge gourd pieces.
3. Fry till done and leave to cool. Grind in the mixie with salt, tamarind, jaggery, coriander, coconut and little water to a smooth paste.

Turia is a tropical plant believed to have originated in India. Fruits vary in size and may be oblong or club-shaped with dark green or green colour. Growing from 16cm to 60cm in length and 2.5cm to 5cm in diameter, it resembles a cucumber with 10 distinct ribs and may be straight or curved. The skin is green and tough and the flesh inside, creamy-white with black or ivory seeds.

Turia may be fried, boiled, stuffed, dried, and pickled. Turia may be used in much the same way as courgettes.



Features

High yield potential

* Crop Bottle gourd

* Hybrid Raja

* Days I Pick 55-60

* Fruit length 15-20

* Fruit weight 60-80

* Flesh color White

* Remarks High yielder



Contact Us

Contact information for Taj Group companies in India.

TAJ AGRO INTERNATIONAL

(A Division of Taj Pharmaceuticals Limited)

<http://www.tajagroproducts.com>

E-mail :

tajagroproducts@gmail.com

tajagrointernational@gmail.com

Refreshing World



www.tajpharmaceuticals.com
www.tajfordoctors.com
www.tajpharma.com
www.tajapi.com

Taj Agro Products
Refreshing World